

Recordwedstrijd KAZS: Session: 1: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 16:00 untill 16:55. Teamleadmeeting @ 16:15 The listed starttimes are indicative!

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 6: 50M BUTTERFLY MEN 11+ Heat:3, starttime: 17:35

Heat: 3/3 Lane : 3 Athlete: DE JAEGER ANTON Q-time: 00:28:13

PB (25m pool): 00:28.13 Gent 23/02/2025 PB (50m pool): 00:30.28 SB: no time

	2 5 M	5 0 M	
PB		00:28.13	
		00:28.13	
			

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+ Heat:2, starttime: 17:45

Heat: 2/4 Lane : 5 Athlete: DE JAEGER ANTON Q-time: 00:57:08

PB (25m pool): 00:57.08 Gent 23/02/2025 PB (50m pool): 00:58.03 SB: 00:58.49 Gent 09/11/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.55		00:57.08	
		00:27.55		00:29.53	
					

Coach feedback:

Event number: 20: 50M FREESTYLE MEN 11+ Heat:3, starttime: 18:55

Heat: 3/4 Lane : 5 Athlete: DE JAEGER ANTON Q-time: 00:26:32

PB (25m pool): 00:26.32 Gent 09/11/2025 PB (50m pool): 00:26.72 SB: 00:26.32 Gent 09/11/2025

	2 5 M	5 0 M	
PB		00:26.32	
		00:26.32	
			

Coach feedback:

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Event number: 26: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 19:15		
Heat: 2/2 Lane : 6 Athlete: DE JAEGER ANTON					Q-time: 01:02:83		
PB (25m pool): 01:02.83 Gent 23/02/2025						PB (50m pool): 01:03.38SB: 01:06.09 Gent 09/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		00:29.62		01:02.83			
	00:29.62		00:33.21				
							

Coach feedback: